

Options Communication Therapy Centre

Foundation movements used in the Options Movement for Communication Program

Response Codes

PM: Physical manipulation	TC: touch cue	AC: Air cue	SO: Speech only
I: Immediate response	D: delayed, 3-10 secs	VD: Very delayed 10-30 secs	
NR: No response	C: consistent 3/3 responses	IC: Inconsistent	

TASK	TO LEAD TO...	VERBAL PROMPTS	RESPONSE	COMMENTS
Head Head up and down	Nodding 'yes'			
Head side to side	Shaking 'no'			
Head tilted to shoulder	Question i.e 'what did you say?'			
Shoulder Shoulders forward	Reaching or assisting with postural adjustments			
Shoulders up	"I don't know"			
Arm Left Arm up	I know! I need attention!			
Left Arm to me	Reach for choice or handshake			
Left arm push to side	Go away			
Right Arm up	I know! I need attention!			
Right Arm to me	Reach for choice or handshake			
Right arm push to side	Go away			
Hand Squeeze and release grip of my hand-left	Hand shake Holding things			
Turn wrist left	'maybe' 'bad'			
Left hand up	Stop/bye/hi			

Make a fist left hand	Angry			
Squeeze and release grip of my right hand	Hand shake Holding things			
Turn wrist right	'maybe' 'bad'			
right hand up	Stop/bye/hi			
Make a fist right-hand	Angry			
Fingers/thumb	'good' 'bad' 'finished'			
Move left thumb back	'bad'			
Move left thumb down	'bad'			
Move left index finger	Pointing			
	'good' 'bad' 'finished'			
Move right thumb back	'bad'			
Move right right thumb down	Pointing			
Move right index finger				
Breath (jaw)				
Sigh	Relaxation and self control			
Voice				
Little noise	Vocalization intent			
Eyes	tired			
Close eyes				
Face				
Sad	Sad			
Angry	Angry			
Happy	Happy			
Bored	Bored			
Tired	Tired			

Gesture and Speech Program

Gesture:	Action:		Sound/ Word:	Comments:
Toilet	Point to pelvic area	S	(no sound)	
Tummy ache	Two hands across tummy. Lean forward.	S	oh!	
Me	Point to chest	S	me	
You	Point to person	S	you	
Thirsty	Point to mouth (Finger inside mouth)	S	mm	
Stop	Hand flat, up	S		
Tired	'prayer hands' to side of tilted head	S		
Good	Thumbs up	S	good	
Bad(no good)	Thumbs down	S	bad	
Ok	Tilt head	S		
Noisy	Hands to ears	S		
Quiet	Finger to closed lips	S	sh	
Hungry	Flat hand to tummy, move in small circles	D	(mmm or) hungry	
No	Shake head	D	no	
Yes	Nod head	D	yes (yeh)	
Go	Hand swept sway from body	D	go	
Talk	Finger to mouth and then push away	D	talk	
Hi/bye	Wave	D	hi/bye	
Let's play	Take persons hand	D	ay	
Please	Take persons hand	D	e	
Wait	Two hands patting air in front of body	D	wait	
Happy	Clap hands	D	happy	
Maybe	Palm down, flat hand rocked side to side	D	maybe	
Gesture:	Action:		Sound/Word:	Comments:
Sad	Facial expression	D	silent	
Angry	Fist up	D	angry	
Get it for me	Hand gesture to item and returned to 'me'	D	me	
Come	Hand gesture to person and returned to 'me'	D	<u>come</u>	
I know	Hand up	D	I know	
Finished	Thumbs up and rock side to side	D	done	
Phone	Fist shaped hand to ear	D	<u>phone</u>	
I don't know	Shoulder shrug	D		
I want to spell	Repetitive pointing movement in space	D		
More	Hand cupper to chest and pulled away from chest a few inches	D	more	
Help	Two hands clasped and pushed away from body	D	help	